

## Getting braces? Select an orthodontist that is well-qualified



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Whether you're a child, teen, or adult, getting braces can be a daunting process. Most of the U.S. population does it, but not everyone knows the best way to get started. The first step, and what it all comes down to, is finding the right doctor. After all, you'll be trusting your doctor to perfect your most dazzling feature—your smile. Here is advice on how to find a talented orthodontist along with important initial steps to take before selecting your doctor.

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### Do



- [seek recommendations on where to begin](#)
- [ask questions](#)
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- [check the orthodontists credentials](#)
- [ask about the technology](#)
- [consider the staff](#)

### Don't



- [listen to the first opinion you receive](#)
- [assume](#)
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- [forget to smile](#)

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### Do

#### Do seek recommendations on where to begin

Ask your friends, family members, dentist, hygienist and co-workers and neighbors who they know to be an excellent orthodontist. If a particular orthodontist's name comes up multiple times, that's a good place to start. Make sure to also browse doctors' websites and Yelp pages to review testimonials and gauge patient satisfaction.

### **Do ask questions**

Compose a list of questions and concerns regarding what type of care you are looking for, and then schedule time to speak with an orthodontist in-the-running. Getting your most important questions answered before selecting your orthodontist can make the decision a little less daunting. Consider questions about how much time the doctor spends with each patient, and if the office has the latest technology. Other important considerations include office location and hours, and if the office accept your insurance plan.

### **Do turn to resources**

Online tools can provide immediate recommendations based on experience and location. Search portals can easily pinpoint experts within miles of your zip code and provide contact information and directions for added convenience. Search online for orthodontists near you.

### **Do check the orthodontists credentials**

Not all clinicians are certified orthodontists and the rules can vary from state to state. Some doctors are certified specialists with advanced university-based training and have limited their practices to the exclusive practice of orthodontics as opposed to general family dentists who perform orthodontics along with general dentistry. A doctor without the right credentials may lack the skills or experience to provide the best treatment. Don't take a chance when it comes to your smile!

### **Do ask about the technology**

Make sure the office is up to date with the latest technology. The better the technology, the easier the whole treatment process will be.

### **Do consider the staff**

From your first telephone call to the office, to your initial greeting by the receptionist, to meeting the doctor's clinical assistant, your first impressions are very important. Are the office staff members professional, friendly, courteous and accommodating? Orthodontic treatments can be one to two years in duration and your treatment experience is equally important as the treatment outcome.

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### **Don't**

#### **Do not listen to the first opinion you receive**

Don't be afraid to seek a second or third opinion when searching for the orthodontist who is best for you and your family. Getting braces is a major commitment so it is important to compare treatment approaches, prices, payment options and office atmosphere before taking the plunge.

#### **Do not assume**

You can't always trust everything you read online or hear by word of mouth. Be sure to research thoroughly and schedule a no-obligation consultation before making any final decisions. These consultations are often free and can answer a lot of your questions to give you a better idea of what treatment is going to be like.

### **Do not worry**

An orthodontist is not someone to be afraid of. Your health is what is most important and their job is to help. As long as you do your research and come prepared, the experience should be a pleasant one.

### **Do not overlook the importance of time**

The amount of time your orthodontist spends with you during each appointment is a direct reflection on the quality of care you are receiving. If the assistant is handling most of the appointments then it's probably a good idea to reconsider and find a different orthodontist who values personal attention.

### **Do not forget to smile**

The process of finding an orthodontist should be a stress free one. Relax and follow these recommendations in order to guarantee you'll be happy and confident throughout the process!

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## **Summary**



In summary, selecting an orthodontist is the first step to attaining the healthy and attractive smile that every person desires. Don't be afraid to ask questions along the way and use your resources wisely. Talk to an orthodontist today and get one step closer!

<http://expertbeacon.com/getting-braces-select-orthodontist-well-qualified/#.U08F9vldVPN>