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MAY

Do you LOOK happy? A real smile can help that!

BY TRISHA  7 COMMENTS

When I look back in old pictures of myself I can always tell what age I was simply by looking at my smile.

If I was under 28 year old, I have a lip smile.



If I was over 28, I have a teeth smile.



Why the difference? **Braces.**

I have always been a confident person. I can't remember a time that I was afraid to stand up in front of a classroom or be who I am, but I have done all of it carefully hiding my teeth throughout my life. Having straight teeth, no matter what age you are, shows the world what you already feel inside and reflects it on the outside.

In fact I never actually realized I was hiding a part of my soul but not smiling **out loud**. When everyone was laughing and I would turn away so no one would notice my teeth were not straight, I knew it was time for a change. I was about 26 years old when I made the decision that I didn't want to feel that way anymore. I got Damon System braces just before I found out I was pregnant and had treatment throughout my pregnancy and for about a year after.

It was actually a bit awkward having braces and being pregnant at the same time. Going to the dentist and orthodontist was a lot more difficult since laying on my back was almost impossible during that time, but with the Damon Braces my appointments were quicker. Since the design features a slide mechanism the wires are easy to change and quickly pop out when needed—meaning there was no long appointments lying backwards. And while the cost was def scary to take on while expecting a new baby, it was also something I could not afford to wait on any longer.

As a mother-to-be I was asking myself "How can I raise a child and show who I am while still hiding my smile?"

So I didn't.

This is me at 27 years old with braces....1 of only 2 pictures that exist of this time in my life and the first time I am showing this publicly.



And now?

At almost 35 I cannot remember even having [braces](#), but I can tell you that my results are still giving me a beautiful CONFIDENT smile from the point I got them off and into the rest of my life.



This year I have been an advocate for the [Damon System](#), the exact braces you see above on my crooked smile going straight!

You can see my past posts here:

- [More Than Straight Teeth](#)
- [New Year, New You!](#)

About the Damon Clear Braces

Virtually invisible, Damon Clear has clear advantages over traditional braces and aligners. Damon Clear is part of the innovative Damon System, which combines tieless braces with high technology archwires that are clinically proven to move teeth fast and comfortably with truly spectacular smile and facial results.

Available from skilled orthodontists, Damon Clear combines the best of traditional clear braces and invisible aligners to deliver a discrete treatment experience with results that go beyond straight teeth.

If I could give anyone any advice when it comes to their teeth I would say do not wait. I wish I had felt this way early on in my life. I wish I had done the treatment as a teen or a [young adult](#). I waited for a smile that I should have had a long time ago. Even more so, I developed dental problems along the way due to my teeth not being straight that I could have [saved myself from by acting sooner](#).

And I am SO grateful it's all in the past and it's a decision I do not regret. Do not forget that near the end of the year **MomDot** will be giving away a SMILE MAKEOVER for one lucky winner that wants to change their life!!

If you are interested in learning more and taking the step to change your life, make sure you visit and learn more about the [Damon System](#).

~trisha

<http://www.momdot.com/damon-system-smile/>