

The Third and Fourth Months with Damon Clear Braces

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I'm a Damon Diva and this is my experience with the [Damon Clear](#), virtually invisible, brackets for the third and fourth months as part of the campaign working with the [Damon System](#).

I feel like I never told you how the second month with the Damon System went and let me say that it was about the second month that I was able to start eating harder foods. Once I found out I was able to eat different things, I started trying all the foods I loved. I got to the point where I was pretty much able to eat all foods. I found crunchy veggies to be a challenge even cut up very finely, which is why I purchased a juicer. Meats that are overcooked, I can't chew, but who wants to eat overcooked meat anyway?



The Third and Fourth months have been really uneventful. My teeth moved a lot in the first two months and then it wasn't until the third month that I went in for another appointment. It was the adjustment appointment that most people have with conventional braces except I found out that they usually have those appointments every two to four weeks. I'm so glad my appointments are spread out further. My gap was gone at the end of two months, actually my gap was gone within the first month.

At the second appointment, the orthodontist changed the wire to a thicker wire and it happened so fast. They take out the wire, measure the new one, put it in and then clip the ends off. I wasn't sore after the appointment, I was a little sore when it came to chewing and it took me a few days to eat everything I loved again but I was determined to eat. So I just did it. My teeth started moving again, I have a gap on the bottom right side which is what the orthodontist wants to happen on both sides, hopefully that will happen soon because I want to move along and get the final result as soon as possible. If it's possible, I want them off by November of this year (my sister is getting married). I'll be fine if I still have them on because my friends said that my smile looks amazing regardless of the braces.

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